



June 5, 2022  
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Mark 1:35-39

Our participation in the Kingdom of God is powered by a different set of practices than the world.

1. What do you think about the premise, *“what we do on a regular basis we become?”*
2. Read verses 32-45. How does Jesus’ response in verse 35 seem different from the natural response?
3. What is the difference between transactional prayer and communal prayer?
4. Read verses 36-39. What do we learn about Jesus’ Kingdom values? How does this differ from the world’s expectations of success and performance?
5. Jesus practiced solitude. Discuss this quote by Dallas Willard. *“The normal course of day-to-day human interaction locks us in a pattern of feeling, thought, and action that are geared to a world set against God. Nothing but solitude can allow the development of a freedom from the ingrained behaviors that hinder our integration into God’s order.”*
6. In the space created by solitude Jesus prayed. What is the most challenging about your prayer life? Time, place, and consistency matter in order to grow in the practice of prayer. Share with your group what changes you could make to grow in the practice of prayer?

7. Jesus practiced secrecy. Why is secrecy so important for us and so difficult for us?
  
8. In the face of what our world values, imagine what it looks like for you to make it your ambition to lead a quiet life? (1 Thessalonians 4:11a)