



Psalm 130

April 3, 2022

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Main Idea: Trust God to lift you out of the depths of your guilt

1. Has there been a time in your life as a Christian when you felt you were disguising what was truly going on in your heart? Does the phrase “I’m faking it until I make it” resonate with you?
2. Read verses 1-2. Describe a time when you cried out honestly to God? Why is it significant that the psalmist’s cry was a cry out for mercy?
3. Read Luke 18:9-14. How does Jesus describe the kind of person who is justified before God?
4. Read verses 3-4. Why does forgiveness precede reverence (fear) and service in verse 4? What can a lack of reverence look like for the believer?
5. Read verses 5-6. Dan said, *“In order to be lifted from the depths and darkness of the sin in our hearts it may require a time of waiting in an uncomfortable place.”* How does the exhortation to “wait” and the “*picture of the night watchman waiting for morning*” help us see a season in darkness as a place for examination and growth?
6. Read verses 7-8. On what basis should we put our hope in God?

7. How can our guilt over our sin be a good thing and actually lead us to the cross of Jesus? How would you counsel someone whose guilt and shame leads them away from the cross?

8. Share with your group an important lesson you have learned in this Lenten series. How might your important lesson bring you closer to Jesus?