

# DAY 25 WAY



**John 14:6**

*"I am the way."*

I have a horrible sense of direction. I'm not sure what broke the compass in my head, but it was confirmed years ago when I was in the attic of a rectangle building. Just a simple rectangle and I got so disoriented that I got lost. I had to listen to voices and look for flashlights to find my way out.

It is so easy for us to get disoriented in this world. Perhaps one of the main reasons

is that there are so many things and people that claim to be the best or right way. I know that I and probably many of you have followed those roads before, and they always end with overpromising and under-delivering. Some will tell you that financial security is the best way, taking care of your own before anyone else. Others will tell you that you need to gain fame, notoriety, and power. No matter which one you choose, that road will always lead to emptiness apart from the true way.

Jesus says in John that "I am the way." There is no other way to achieve what your heart is actually desiring. Everything else is a false promise and will let you down. Take some time today to consider, "what way am I following? What am I placing my trust and hope in? Is it the true way, Jesus? Or is it a false promise that I'm stuck in?" Jesus is asking you to walk with Him. He will show you his way and just how good it can be.

**Practice for today:**

Everywhere you walk, run, cycle, swim, consider the path that you're on. Let it affirm you that you are a follower of Christ. You are a person of the Way. What does that mean for you to walk in Jesus' company?

The below reflections are written by congregants & staff of CPC. All reflections are following Trevor Hudson's book *Pauses for Lent* and are both heavily influenced and borrowed from his work. Any quotes without attribution should be credited to him.