



Psalm 103 – Praise and Thanksgiving

Mark Mitchell

May 3, 2020

1. Since COVID-19 hit, it may seem hard to talk about praise and thanksgiving. What are some things you now realize you took for granted and were ungrateful for before COVID-19?
2. **Read verses 1-2.** David tells us that there may be times when we need to rouse our souls to praise God and show gratitude. Take a moment to answer these questions: “What has God done for you personally?” and “What are the biggest promises you hold on to right now?”
3. **Read verses 3-18.**
 - A. What does the benefit of God’s Unlimited Pardon mean to you? Discuss these powerful phrases: “forgives ALL your sins,” “heals your diseases and the consequences of your sin,” “separates us from our sins as far as the east is from the west,” and “redeems your life from the pit.”

How does Jesus offer us “Unlimited Pardon?”

- B. What does the benefit of God’s Unrestrained Love and Compassion mean to you? Describe the benefits of being crowned with love and compassion. (v.4) What practical insight can we gain from David’s picture that God’s love and compassion is even greater than a parent’s love for their child?

How might it change your life to know that God is “slow to anger, abounding in love?” What does it feel like to be loved this much?

Share some examples of how Jesus shows “Unrestrained Love and Compassion?”

C. What does the benefit of God’s Ultimate Home secured for you mean to you? What does it mean when Paul says, “Though outwardly we are wasting away, yet inwardly we’re being renewed day by day?” (2 Corinthians 4:16)

How might it change your outlook on life to know that Jesus secured a place for you in his Father’s house? (John 14:1-2)

4. Which of these three benefits (Unlimited Pardon, Unrestrained Love, or Ultimate Home) do you need to remember most right now? Why?
5. How can your community group help you identify your next step to help you praise the Lord and not forget his benefits?