

# Answering God

PSALMS OF LAMENT, TRUST, HOPE AND GRATITUDE

**May 24, 2020**

**Psalm 127 - Mark Mitchell**

Describe a time when you felt like you wasted your time and energy. How did it make you feel?

1. In verses 1-2, Solomon lists 3 endeavors (build a house, protect a city, work long hours) as examples of how seemingly good endeavors are wasted endeavors apart from God.
  - A. Which of these three resonate most with you as potential waste apart from God?
  - B. What are the telltale signs that God isn't in our endeavors?
2. At the end of verse 2, Solomon says, *"God grants sleep to those he loves."* Remember Solomon received the greatest gift of wisdom while he slept! What does it mean to you right now that while you are sleeping God has things covered?"
3. In verses 3-5, Solomon uses children as an example of a blessing.
  - A. Why does Solomon distinguish that our children are a gift (not an earned right) from the Lord?
  - B. How might our children multiply our influence and defend us in the world?

C. For those of you who have children, nephews, nieces and students in your life, what strategies can you implement in children today so they will turn and be a blessing tomorrow?

4. What might be a good next step for you to better live your life without laboring in vain?
5. What might look different in your life if you acknowledged that God works while you sleep?
6. What might look different in your life if you were to increasingly invite God into your work and commit your work to God?
7. How might your group specifically pray for you and gently hold you accountable to apply the wisdom of Psalm 127 in your life?