

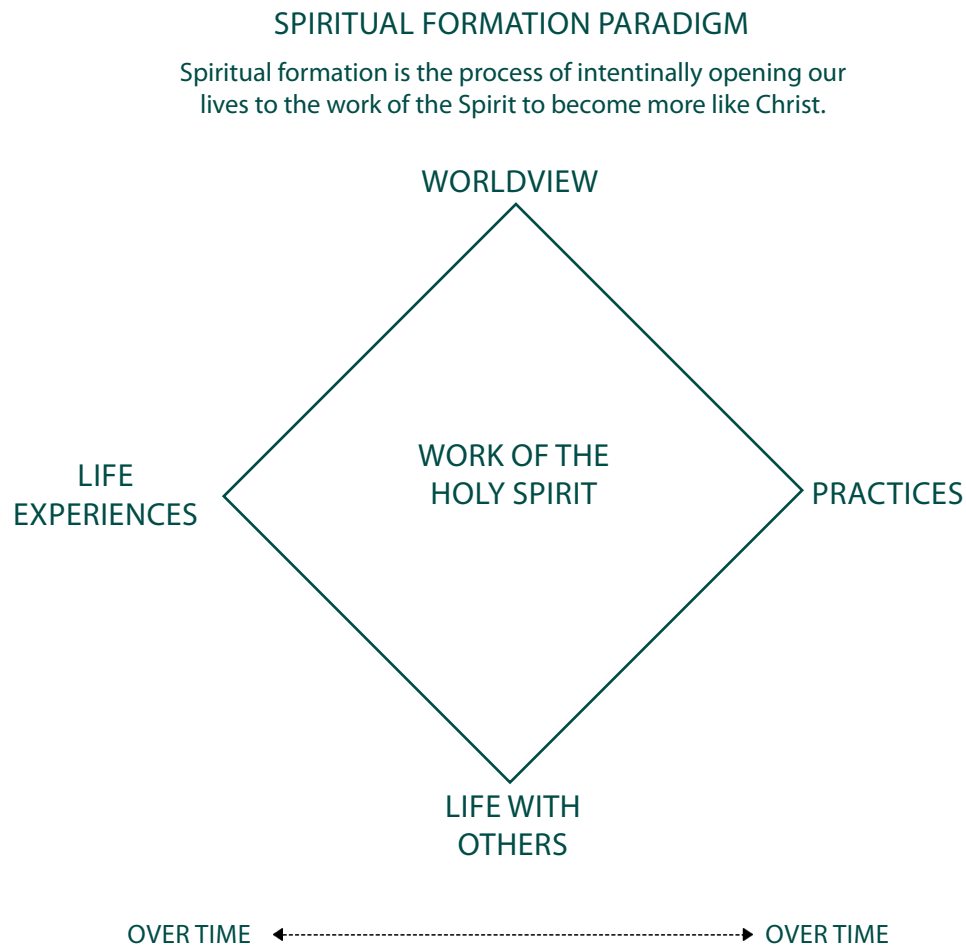
**Formed: Spiritual Formation Pillar Curriculum**

**Series Title:** Spiritual Formation Pillar Sermon Series

**Series Abstract:**

Spiritual formation is not a Christian thing; it's a human thing. To be human is to be dynamic and not static; we are all being formed or shaped. The question, therefore, is not are you a disciple? The question is rather, to whom or what are you a disciple? You are becoming someone. The question is, who are you becoming? The invitation of Jesus is to reimagine the whole of our lives in light of his invitation to follow. This is the life pursuit of the follower of Jesus.

Too often, our understanding of spiritual formation is understood as something we “add on” to our faith. Our spirituality is viewed as a static possession rather than a process of formation that dynamically draws us into an ever-developing growth toward becoming more like Christ. Spiritual formation, therefore, is the process of intentionally opening our lives to the work of the Spirit to become more like Christ.



DATE	TITLE	CENTRAL IDEA	KEY TEXTS	PRACTICE
9-15-19	Spiritual Formation: Overview (Vision Sunday)	Spiritual formation is the process of intentionally opening our lives to the work of the Spirit to become more like Christ. Transformation involves our active engagement with Jesus as he works to bring about change in our lives. It is 100 percent God and 100 percent us, but his 100 percent is way more than ours!	John 15:1-8	Practicing the Presence of God
9-22-19	Spiritual Formation: Worldview	What we do on a regular basis we become. Our practices shape our loves and longings. Spiritual practices carve out space in our life for the Holy Spirit to transform us. Spiritual practices include practices like silence, solitude, study, prayer, fasting, practicing Sabbath, corporate worship, serving, and giving.	Matthew 7:24-27	Lectio Divina
9-29-19	Spiritual Formation: Practices	What we do on a regular basis we become. Our practices shape our loves and longings. Spiritual practices carve out space in our life for the Holy Spirit to transform us. Spiritual practices include practices like silence, solitude, study, prayer, fasting, practicing Sabbath, corporate worship, serving, and giving.	1 Timothy 4:7-8 1 Corinthians 9:24-27	Habit Audit
10-6-19	Spiritual Formation: Life With Others	The role of community in our formation is to close the gap between who we think we are and who we actually are. This happens through authenticity and encouragement. You become like who you spend time with.	1 Thessalonians 5:12-15	The "One Anothers"
10-13-19	Spiritual Formation: Life Experiences	God uses the circumstances of our lives, both blessing and suffering, to form and shape us. We need to both pay attention and be present to the circumstances of our lives, surrendering to God and trusting Him in all circumstances.	Romans 5:1-5	Prayer of Examen

**HELPFUL BOOKS/RESOURCES:**

Richard Foster - Celebration of Discipline

James KA Smith - You Are What You Love

Dallas Willard - Renovation of the Heart // The Spirit of the Disciplines

John Ortberg - The Life You've Always Wanted

Robert Mulholland - Invitation to a Journey

Ruth Haley Barton - Sacred Rhythms

Christine Pohl - Living into Community

John White - The Fight