

A STUDY IN PHILIPPIANS AND COLOSSIANS

LESSON 13 PHILIPPIANS 4:1-5

- 1. What did you find convicting or inspiring from **Philippians 3:15-21**, and what difference did it make in your week?
- 2. Pray and ask for the "same mind in the Lord" as you study this lesson on unity in relationships. Then read **Philippians 4:1-5.** How does the way Paul addressed his readers in **V1** set up well what he is going to teach them?
- 3. From V1, what do you think it means to stand firm in the Lord?
- 4. **V1** starts with the word, "<u>Therefore</u>" and ends with "stand firm in the Lord <u>in this way</u>," which indicates instruction was provided previously from **Chapter 3**. What ways were given to stand firm regarding:
 - Your focus (**3:13b-14**)
 - Your role models (3:17)
 - Your mindset (**3:19b-20**)
- 5. a) Describe the type of struggles you face to stand firm in Christ given today's culture. Share a specific experience.
 - b) How could each of these verses encourage you to stand firm in those struggles?
 - 2 Corinthians 1:21
 - Galatians 5:1
 - Ephesians 6:14

- 6. It is often difficult to stand firm. How can you derive comfort from these verses?
 - Psalm 33:11
 - Psalm 89:2
 - Psalm 119:89
- 7. a) Put in your own words what Paul was pleading for and affirming in **Philippians 4:2-3**.
 - b) What could it look like for Euodia & Syntyche "to be of the same mind in the Lord" (refer to **Philippians 2:2-7**)?
- 8. a) Paul asked for a mediator to help these women (**V3**). Explain why reconciliation between believers is important, and how the role of a trusted mediator could be helpful?
 - b) What is a past or current divisive situation that comes to your mind? What redemptive steps were taken (or could have been taken)?

- 9. In **V4-5**, Paul began his final exhortations to his brothers & sisters in Christ. What did he say, and how could those three exhortations have tied into his appeal for unity?
- 10. In your opinion, in what ways is rejoicing manifested, and what does it look like for you?
- 11. Paul said, "let your gentleness be evident to all" (**V5**). What aspect of gentleness is most relevant to you from these verses:
 - Proverbs 15:1
 - Titus 3:1-2

- 1 Peter 3:3-4
- 1 Peter 3:15
- 12. As you think about *pressing on in confidence*, in what specific way do you need God's help in:
 - Standing Firm
 - Staying United
 - Showing Gentleness

DIGGING DEEPER

- 1. One theme in this Lesson is unity. How do these verses about unity personally guide you?
 - 1 Corinthians 1:10
 - Galatians 3:28
 - Ephesians 4:3
- 2. According to these verses, explain why it is important to be in unity:
 - Psalm 133:1
 - John 17:22-23
 - 1 Corinthians 12:26
- 3. a) Write out the Suggested Memory Verses: Philippians 4:4-5
 - b) Review your response to Question 12 and form a prayer.

NAME

PRAYER REQUEST