

**PRESS ON
IN CONFIDENCE****A STUDY IN PHILIPPIANS AND COLOSSIANS****LESSON 11 PHILIPPIANS 3:10-14**

1. What came to mind from last week's study of **Philippians 3:7-9** that changed the way you reacted or interacted in some way?

2. Pray and ask God to give you understanding and help you to know Christ better as you read **Philippians 3:10-14**. What one thing grabs you in these verses and why?

3. What are the five things Paul stated that he wanted in **V10-11**?

4. Personalize what Scripture says about knowing God better:
Ephesians 1:17

1 John 5:20

5. a) From **V10**, ponder the phrase, "to know the power of His resurrection." How would you explain the concept of resurrection power to a child?

b) What does **Ephesians 1:19-21** say about this concept of resurrection power?

c) As you wrap your mind around the reality of the *power of His resurrection* and *the incomparably great power for us who believe*, what is stirred within your heart?

6. a) Paul spoke of "participation in His sufferings" (**V10**). From what you know of Jesus' life on earth, what are some of the ways He suffered?

- b) Explain what you think Paul was communicating to his readers by saying he wanted to suffer and become like Christ in His death.
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7. Paul stated in **V12** that he hadn't yet arrived at his goal. Keeping **V10-11** in mind, what do you think his goal was, and what was he doing to reach it?

8. a) **Hosea 6:3a** says, "Let us press on to acknowledge *Him*." Use a dictionary to get a fuller meaning of the word, "acknowledge."

b) Can you identify a specific area in your life where you are currently having to "press on"? How will acknowledging God in the midst of it be a help to you? Explain.

9. a) Read **V13-14**. What three important actions did Paul take (read **Isaiah 43:18-19a** to further highlight one of his actions) as part of his "one thing I do"?

b) What were some things in Paul's past that he would need to forget in order to press on (see **Acts 8:3, 9:1-2, 22:4, 19-20**)?

10. a) What are some things in your distant past you need to forget, and how does **Psalms 25:7** help you?

b) What recent sins are hard for you to forget, and how does **Isaiah 43:25** bring comfort?

11. Read what Paul wrote at the end of his life in **2 Timothy 4:7-8**. Then re-read **V14** where Paul repeated his aim of pressing on toward the *goal* and *prize*. In your own words, explain what you think Paul was saying.

12. How does the press on mentality of Jesus at the end of His life inspire you from **Luke 13:31-33a**?

13. At this point in your life's race, what has coached you the most in this lesson to press on in confidence? Be specific.

DIGGING DEEPER

1. Paul stated in **V13** that he forgets what is behind him and strains forward to what is ahead. According to these verses, what are we wise to not forget?

Psalm 119:93

Hebrews 13:16

2 Peter 3:8-9

2. Read **Hosea 13:6**. When are God's people prone to forget Him?

3. What does God remember (or not forget)?

1 Chronicles 16:15

Psalm 9:18

4. a) Write out the Suggest Memory Verse: **Philippians 3:13b-14**

b) Let the verses you have studied lead you to pray for yourself or others.

NAME

PRAYER REQUEST