PRESS ON

IN CONFIDENCE

 **A STUDY IN PHILIPPIANS AND COLOSSIANS**

 **LESSON 11 PHILIPPIANS 3:10-14**

1. What came to mind from last week’s study of **Philippians 3:7-9** that changed the way you reacted or interacted in some way?

2. Pray and ask God to give you understanding and help you to know Christ better as you read **Philippians 3:10-14**. What one thing grabs you in these verses and why?

3. What are the five things Paul stated that he wanted in **V10-11**?

4. Personalize what Scripture says about knowing God better:

 **Ephesians 1:17**

 **1 John 5:20**

5. a) From **V10**, ponder the phrase, **“**to know the power of His resurrection**.”** How would you explain the concept of resurrection power to a child?

b) What does **Ephesians 1:19-21** say about this concept of resurrection power?

c) As you wrap your mind around the reality of the *power of His resurrection* and *the incomparably great power for us who believe*, what is stirred within your heart?

6. a) Paul spoke of “participation in His sufferings” (**V10**). From what you know of Jesus’ life on earth, what are some of the ways He suffered?

b) Explain what you think Paul was communicating to his readers by saying he wanted to suffer and become like Christ in His death.

7. Paul stated in **V12** that he hadn’t yet arrived at his goal. Keeping **V10-11** in mind, what do you think his goal was, and what was he doing to reach it?

8. a) **Hosea 6:3a** says, “Let us *press on* to acknowledge *Him*.” Use a dictionary to get a fuller meaning of the word, “acknowledge.”

b) Can you identify a specific area in your life where you are currently having to “*press on*”? How will acknowledging God in the midst of it be a help to you? Explain.

9. a) Read **V13-14**. What three important actions did Paul take (read **Isaiah 43:18-19a** to further highlight one of his actions) as part of his “one thing I do”?

b) What were some things in Paul’s past that he would need to forget in order to *press on* (see **Acts 8:3, 9:1-2, 22:4, 19-20**)?

10. a) What are some things in your distant past you need to forget, and how does **Psalm 25:7** help you?

b) What recent sins are hard for you to forget, and how does **Isaiah 43:25** bring comfort?

11. Read what Paul wrote at the end of his life in **2 Timothy 4:7-8**. Then re-read **V14** where Paul repeated his aim of pressing on toward the *goal* and *prize*. In your own words, explain what you think Paul was saying.

12. How does the *press on* mentality of Jesus at the end of His life inspire you from **Luke 13:31-33a**?

13. At this point in your life’s race, what has coached you the most in this lesson to *press on in confidence*? Be specific.

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**DIGGING DEEPER**

 1. Paul stated in **V13** that he forgetswhat is behind him and strains forward to what is ahead. According to these verses, what are we wise to not forget?

 **Psalm 119:93**

 **Hebrews 13:16**

 **2 Peter 3:8-9**

2. Read **Hosea 13:6.** When are God’s people prone to forget Him?

3**.**  What does God remember (or not forget)?

  **1 Chronicles 16:15**

 **Psalm 9:18**

 4. a) Write out the Suggest Memory Verse: **Philippians 3:13b-14**

b) Let the verses you have studied lead you to pray for yourself or others.

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| **NAME PRAYER REQUEST** |
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