

It's a Job To Be Job—Kids' Lesson #4  
Job 1:13-19; Psalm 31:7

**HOOK:** *Start the lesson by holding up a mirror so that each child is able to see the reflection of him or herself. Have the children practice showing various emotions with their facial expressions in the mirror. Call out each emotion and have them respond with their faces. Say, "What does your face look like when you feel happy; when you feel sad; when you feel mad; when you feel silly, etc.," Give time for them to look at themselves in the mirror for each emotion. Then say, "Everyone feels happy sometimes and everyone feels sad sometimes."*

**BOOK:** Last week we heard about Job—a man who followed God. Job was a good man who also obeyed God. God provided Job a farm with land and animals and many farm workers. God gave Job a family of sons and daughters. God blessed Job in many ways, but one day Job received some very sad news. A messenger came to him and reported that an enemy had taken Job's land and stole his animals. Job's farm workers had all been killed. And the saddest news of all... Job's sons and daughters had all died! (Job 1:13-19)

**LOOK:** I wonder how Job felt hearing the messenger's terrible news. I imagine that he must have been shocked and sad; his heart felt empty. Job might have wondered: "Why did these sad things happen to *my* land, *my* animals, *my* farm workers, and *my* family? Is God still with me?"

**TOOK:** Maybe you've felt sad before too, just like Job. We feel sad if someone says mean words, or if we lose a favorite toy. We feel sad if our friend moves to a different town or if our dog dies. The Bible reminds us that God knows how we feel, because He is always with us. God knows when we hurt inside. When sad things happen that we don't understand, when our heart feels empty, God's love fills us up. Nothing can separate us from God's love and peace. God wants us to trust Him when we feel sad, because He has a plan. We can trust that God is in control of everything.

**Bible Verse:** "I will be glad and full of joy because You love me. You saw that I was hurting. You took note of my great pain." Psalm 31:7 (NIRV)

## T.L.C.

### (The Learning Continues—Job Lesson #4)



**What We Learned:** Job received some shocking news! All at once, he lost his land, livestock, and family. Everything Job loved was suddenly gone and sadness overwhelmed him. Through Job's story, we learned that God is with us and in control, even when we feel sad and alone. God fills up empty hearts with his love and peace when we trust Him.



**Memory Verse:** “I will be glad and full of joy because You love me. You saw that I was hurting. You took note of my great pain.” Psalm 31:7 (NIRV)



**Parent/Child Activity:** Whether it's from witnessing a sad scene on T.V. or an injustice on the playground, children are exposed to hurt in the world around them. Encourage your child to talk to you about his sad feelings. As a family make a list of what makes you sad and what makes you happy. Remind your child that it's okay to feel sad, frustrated, and even angry at times. Reassure your child that you are there for him. God is also there and He always understands our hurt.



**Daily Prayer:** “Dear God, You know when I feel happy and when I feel sad. Thank You for always being with me and loving me. No matter what happens, help me to trust You. Amen.”