

I Want to Know You...The Attributes of God #13 God is Helper

HOOK: We all need help sometimes. Sometimes we need help for something small, like tying our shoes or finding a missing toy. Sometimes we need help for bigger things, like doing the right thing or making the best decision. Doesn't it feel good when someone helps us? We get to help others, too! What are some ways you help your parents or friends? (Let some of the kids answer.) Today we are going to learn that God is our Helper! And to do that, we'll look at a king.

BOOK: King David had spent many years serving God as the King of Israel. Things had been good in the kingdom but then everything changed. The King's son, Absalom, wanted to steal the throne from his father and began a plan to take over the kingdom. David's life was in danger and he was forced to run away. He hid in the wilderness of Judea. It was a hot and dry place without much water. David was hungry and thirsty and tired of running and hiding. He needed God's help! And God *did* help David! The Bible tells us that eventually God destroyed King David's enemies and he was able to return to Jerusalem as King. *But before that happened, God helped David in another way!*

LOOK: While David was wandering in the wilderness, running for his life, thirsty and tired, he wrote a poem. Psalm 63 tells us what he wrote and when we read it, we can see how God helped David even when it seemed all hope was lost. Let's take a look at what David said, "**O God, you are my God. I seek you... I have experienced your power and glory. Your love is better than life and my lips will glorify you. I will praise you as long as I live. My soul will be satisfied. Because you are my help, I sing. My heart clings to you. You hold me up.**" Remember, David's life was still in danger when he wrote those words! He was on the run but he knew whom to turn to for help. And even in this difficult situation, God helped him to find joy. God helped David to remember who God was and that he had everything he needed because he had God!

TOOK: God is our Helper. We don't always know what His help will look like. Sometimes He will help by changing the situation we are in, just like He eventually defeated David's enemies. Sometimes nothing around us changes and His help comes by reminding us of who He is and the promises He gives, bringing a song to our hearts. No matter what is happening, we can always count on God to be our Helper! Are there times that you need God's help? Maybe you need His help to do the right thing when you don't want to or to remember that He is always with you. Ask Him for His help this week and thank Him as He gives it. Then, like David, sing a song to praise him!

Bible Verse: "**Because you are my help, I sing in the shadow of your wings.**"
Psalm 63:7

Prayer: "**Dear God, we are so glad that You are our Helper! You help our hearts to be glad when we remember who You are and the promises You have given us. Thank You! Amen.**"

The Attributes of God: HELPER



what we
learned

God is our Helper. God helped King David when he was running for his life. He eventually helped defeat King David's enemies, but God also helped David's heart be glad in the midst of his troubles by reminding David who He was and the promises He made. We don't always know what God's help will look like. Sometimes He helps us by changing our situation and sometimes God's help comes by assuring us of who He is and reminding us of His promises. No matter what is happening, we can always count on God to be our Helper!



memory
verse

**"Because you are my help, I sing in the shadow of your wings."
Psalm 63:7**



parent/child
activity

Read Psalm 63:1-8 together with your child. Point out how David knew who God was and how God helped David to praise Him even in hard things. Brainstorm with your child and write down the things you know about God. (This is a great way to review some of the attributes you both have been learning this year.) Then talk about some of God's promises and sing and/or sing a song praise together.



daily prayer

**"Dear God, we are so glad that You are our
Helper! You help our hearts to be glad when
we remember who You are and the promises
You have given us. Thank You! Amen."**

the learning
TLC
continues