

Overview Lesson for Hebrews
September 10, 2014

**Bring a Bible (not a children's Bible) to show the class.*

I wonder if all of your eyes are working well this morning. To find out, I'm going to hold up some fingers and you tell me how many fingers I am holding up. *Hold up some fingers and give the children a chance to shout their answer.* Good job. *Next, toss a small ball or toy in front of you and catch it. Then, ask the children:* Who can tell me what I am tossing into the air? *After they answer, say,* You sure have good eyesight!

The Bible, God's Word, tells us something very interesting: It says we should "keep our eyes on Jesus" or "fix our eyes on Jesus." That may seem like a funny thing to say because, after all, we can't see Jesus with our eyes. Do you see Him sitting in a chair next to you? Or standing next to me? No, even if we have good eyesight, we can't see Jesus in the room with us! When we get to Heaven, we will see Jesus face-to-face, but while we are living here on earth we can know He is with us, but we don't see Him with our eyes. Still, the Bible tells us to "keep our eyes on Jesus." Hmmmm....

What this really means is that we need to **always** looking to Jesus by keeping Him in our heart and mind. When we look to Him or **fix our eyes on Him** it means we don't turn away and forget about Him. We keep on learning about Him, trusting Him and obeying Him. Boys and girls, this year we are going to learn a lot about Jesus together! As we learn about Him we will surely grow to love Him more and more. And as we love Him, we will trust Him. And as we trust Him, we will want to obey Him, which greatly pleases Him. We will keep looking to Jesus. We will fix our eyes on Him. We will focus on Him!

The biggest way we are going to learn about Jesus is by exploring the Bible. Did you know that the Bible is made up of 66 separate books? *Hold up a Bible and thumb through the pages. Point out several book headings like Genesis, John and a funny sounding one like Habakkuk. Then, turn to the book of Hebrews and show it to the class.* The main book we are going to study this year is the book of Hebrews. Let's all say "Hebrews." *(To help get the name Hebrews into their brains, go around the room and ask, "Caleb, what book of the Bible are we going to study? That's right, Hebrews! What book of the Bible are we going to study, Olivia? That's right, Hebrews!" Etc.)*

Over and over again, the book of Hebrews points us to Jesus! Through this book and others in the Bible, we are going to learn about the greatness of Jesus. For instance, is He as great as God? Is He as great as angels? Is He greater than Moses? What great things has He done? Come back every week and you will learn the answer to those questions and more!

Let's pray: "Thank you, Lord, for all You are going to teach us this year from Your Word. We know some things about Jesus, but we are going to learn even more. Help us to listen with our ears and our hearts. In Jesus' name, amen."

Bible verse: "Let us keep looking to Jesus..." Heb. 12:2a NIRV