

Press on in Confidence

Lesson #24

Colossians 3:1-10

HOOK: Did you know that your mind is always thinking about *something*? We can't turn off our mind and stop it from thinking like turning off a light switch! But, we can be careful what we think about. We can stop thinking about one thing and start thinking about something else. We can choose, for example, to think about God's love for us instead of thinking of things that make us afraid.

BOOK: When we open our Bibles, we read that Paul is telling the Colossians (and us) to, “**Set your minds on things above, not on earthly things.**” Another way to say it is this: “**Think about the things of heaven, not the things of earth**” (NLT). He's not saying it's wrong to think about our earthly home, but our thoughts should focus on the truths that will last forever—heavenly things—because they are most important and eternal.

LOOK: Heaven is a place that is joyful and perfect. Jesus is there. It's beautiful and it's a place of love. For those who belong to Christ, it will be our forever home. We want all our friends and loved ones to go to heaven, don't we? God's Word is everlasting, like heaven, so let's set our minds on it and tell others about the truth of Jesus and of heaven.

TOOK: Today, when you start thinking or worrying about that toy you've just got to have, or getting the biggest piece of cake for dessert, or how sad you'll be if Mom doesn't let you stay up and watch T.V., or thinking, “what if something bad happens?”, etc., remember that these are all “earthly” things. Don't let your mind dwell on them. Instead, begin thinking about things that matter forever, like loving others. Let's let heavenly and things fill our thoughts!

Bible Verse: “**Set your minds on things above, not on earthly things.**”
Colossians 3:2

Prayer: “**Dear Heavenly Father, There are so many things to think about! Help us to set our minds on things above and dwell on what's important and what will last forever. Amen.**”

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what we
learned

Paul tells the Colossians (and us) to, **“Set your minds on things above, not on earthly things.”** Another way to say it is: **“Think about the things of heaven, not the things of earth”** (NLT). He’s not saying it’s wrong to think about our earthly home, but we should focus our thoughts on the truths that will last forever—heavenly things—because they are what is most important and eternal. Let’s let heaven and God’s truth fill our thoughts!



memory
verse

“Set your minds on things above, not on earthly things.” Colossians 3:2



parent/child
activity

This week, when you are aware that your child is feeling worried or is overly focused on something she wants, take advantage of a teachable moment! Acknowledge her feelings and share about a similar feeling you sometimes have. Then, remind her of our memory verse. Let your child know that changing our mindset isn’t easy for anyone, but with God’s help we can focus on the “things above” that matter most of all and not dwell on earthly things that don’t last.



daily prayer

“Dear Heavenly Father, There are so many things to think about! Help us to set our minds on things above and dwell on what’s important and what will last forever. Amen.”

the learning
TLC
continues