

Press on in Confidence
WBS Kids Lesson #23
Colossians 2:17 (TLB), Galatians 5:1a

HOOK: I bet you hear your parents say: “Wash your hands.” “Eat your vegetables.” “Always look both ways before you cross the street.” These are things you are told to *do*. Some “don’ts” you might hear are: “Don’t bug your brother.” “Don’t run at the pool or you might slip.” And, “Don’t eat that cookie until you’ve finished your sandwich!” All these rules—these “dos and don’ts”—are important, but today we will learn about a different kind.

BOOK: When we open our Bible, we read in the book of Colossians that the believers were concerned about the rules they were being taught. There were so many “do’s and don’ts” that it was hard for them to understand which ones God really wanted them to follow and which ones people were just telling them to do, like, “Don’t eat that kind of food and do celebrate these certain religious holidays if you want to please God.” The believers were getting confused! Which rules were important to God? The Apostle Paul reminded the believers to not get tangled up by these rules, but, instead, spend their energy following Jesus. Paul said, “**For these were only temporary rules that ended when Christ came...**”

LOOK: Paul told the Colossians to follow and focus on Jesus because He was the only real, true, and lasting One. It’s like Paul was saying, “Forget about all those religious rules—those Do’s and Don’ts—and remember this one thing: Do follow Jesus always.”

TOOK: This week, maybe tonight before you fall asleep or in the morning when you first wake up, think about Jesus. Thank Him that you are free to love Him and be loved by Him, without being tangled up by a bunch of rules on how to do that. There is freedom in Christ!

Bible Verse: “It is for freedom that Christ has set us free...”
Galatians 5:1a

Prayer: “Dear Jesus, We want to remember to always follow You. Thank You for reminding us to not get stuck on the Do’s and Don’ts of how to follow You. You are the only real, true, and lasting One. Amen.”

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what we
learned

There were so many “do’s and don’ts” that it was hard for the Colossians to understand which ones God really wanted them to follow and which ones people were just telling them to do. Which rules were important to God? The Apostle Paul reminded the believers to not get tangled up by these rules, but, instead, spend their energy following Jesus. He said, **“For these were only temporary rules that ended when Christ came...” Colossians 2:17 (TLB)** Paul told them to follow and focus on Jesus because He was the only real, true, and lasting One. It’s like Paul was saying, “Forget about all those religious rules—those Do’s and Don’ts—and remember this one thing: Do follow Jesus always.”



memory
verse

**“It is for freedom that Christ has set us free...”
Galatians 5:1a**



parent/child
activity

Take out some paper and crayons or markers and make some decorative reminder signs together. Have your child write out the memory verse (or you write it) and then decorate the paper with designs and pictures. One sign could say: “Follow Jesus Always”. Make several beautiful signs if you want and then hang them in various places around the house. That way, everyone in the family will enjoy a friendly reminder of these important truths.



daily prayer

“Dear Jesus, We want to remember to always follow You. Thank You for reminding us to not get stuck on the Do’s and Don’ts of how to follow You. You are the only real, true, and lasting One. Amen.”

the learning
TLC
continues