

**Press on in Confidence**  
**WBS Kids Lesson #13**  
**Philippians 4:1-5**

**HOOK:** Get ready to use your imaginations! Think of a soldier standing firm guarding the gate of a castle. Think of a huge, tall tree. Now picture in your mind a rugged mountain. Each of these things stand firm. Now pretend you are standing on a pile of stuffed animals or a hill made of marshmallows. You can't stand firm. You would probably wobble and fall over!

**BOOK:** When we open our Bible, we read in the book of Philippians about Paul telling the believers, "...**stand firm in the Lord...**" Paul describes exactly how the people are to stand firm. They need to: get along with each other, help each other and be gentle with one another. He also tells them to rejoice in the Lord and remember Jesus is coming back soon. If you do these things, you are standing firm!

**LOOK:** Standing firm in the Lord happens when we are together in our hearts and in our actions. We need to agree that God is our good Father and treat each other well. We need to help each other stand firm and rejoice in the Lord!

**TOOK:** *(Have the class stand up and hold hands in a circle.)* Boys and girls, God wants us to stand firm together by getting along with each other, helping each other, being gentle, rejoicing in the Lord and remembering Jesus is coming back some day. So now, put on your thinking caps. Think in your mind one way that you will stand firm in the Lord today. Got it? Let's take turns and share with each other what we plan to do. *(While the kids stand hand-in-hand in a circle, give them a chance to share if they want to. Don't force anyone. You may want to go first and tell them what God has put on your heart to do today.)* Now, let's say our Bible verse together:

**Bible Verse: "...stand firm in the Lord in this way, dear friends!"**  
**Philippians 4:1b**

**Prayer: "Dear God, Help us to stand firm in You. We remain strong when we help each other, rejoice together, are gentle and remember that You are near. Remind us what we are to do to stand firm. Amen."**

## Press on in Confidence: #13



what we  
learned

When we open our Bible, we read in the book of Philippians that Paul tells the believers to “stand firm in the Lord.” Paul describes exactly how the people are to stand firm. They need to: get along with each other, help each other, be gentle with one another, rejoice in the Lord and remember Jesus is coming back soon. When we do these things, we are standing firm!



memory  
verse

**“....stand firm in the Lord in this way, dear friends!”  
Philippians 4:1b**



parent/child  
activity

In today’s passage, the Bible repeats this command: Rejoice! This means “to feel or show great joy or delight; to give joy to.” This week be especially intentional in establishing a family habit of rejoicing in the Lord. Reflect your joy in your prayers and encourage your child to do the same. Sing songs with your child to the Lord and point out how you rejoice together as you sing. Remind your child that God loves our times of rejoicing. It’s just one of the ways we stand firm in the Lord.



daily prayer

**“Dear God, Help us to stand firm in You. We remain strong when we help each other, rejoice together, are gentle and remember that You are near. Remind us what we are to do to stand firm. Amen.”**

the learning  
**TLC**  
continues