

Press on in Confidence

Lesson #11

Philippians 3:10-14

HOOK: Pretend you are in a race. You have been working out and practicing so you're ready to do your best! But as you run, you begin to get tired. Your feet start to hurt and you're thirsty. You wonder if you should give up, but you tell yourself, "Keep going!" You press on because you have a goal: You want to run the race well so that you'll finish and win the prize!

BOOK: The Apostle Paul tells us, in the book of Philippians, that living for Jesus is a lot like running a race. He said, "**I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.**" "I Press on" means Paul did not give up living for God, even when things got hard or he got tired of doing good. He loved the Lord and looked forward to winning the prize that is possible for all because of Jesus. We won't receive a trophy when we finish our life on earth. Our prize as Christians will be much better than that—we get to be with the Lord in heaven!

LOOK: Paul also said, "I have fought the good fight, I have finished the race, I have kept the faith." (2 Tim. 4:7) Paul is saying that once he trusted in Jesus, he stayed living for Jesus. He never wandered away from Him. It's not always an easy thing to do, but the good news is our Lord Jesus helps us to fight the good fight, finish the race and keep the faith!

TOOK: This week, whenever something happens that makes you really happy, like you're served your favorite meal, or your best friend comes over to play, or you receive a package in the mail, think about heaven. Whatever makes us happy here on earth is nothing compared to how happy we will be with Jesus in heaven! Let's remember to live for God and keep our eyes on the prize.

Sing the song **Heaven is a Wonderful Place**-you can easily learn the tune by listening a few times on YouTube:

Heaven is a wonderful place,

Filled with glory and grace.

I want to see my Savior's face,

Heaven is a wonderful place

I want to go there...(repeat from the beginning)

Bible Verse: “I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.” Philippians 3:14

Prayer: “Dear God, Help us to press on and live the way You desire us to live. Thank You for the prize You have waiting for us through Jesus—living forever with You in heaven! Amen.”

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what we
learned

The Apostle Paul tells us, in the book of Philippians, that living for Jesus is a lot like running a race. He said, **“I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”** “I Press on” means Paul did not give up living for God, even when things got hard or he got tired of doing good. He loved the Lord and looked forward to winning the prize that is possible for all of us because of Jesus. We won’t receive a trophy when we finish our life on earth. Our prize as Christians will be much better than that—we get to be with the Lord in heaven!



memory
verse

“I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.” Philippians 3:14



parent/child
activity

This week, whenever something happens that makes your child really happy—like eating a favorite meal or playing with a special friend—remind her to think about heaven. Whatever makes us happy here on earth is nothing compared to how happy we will be with Jesus in heaven! Sing the song ***Heaven is a Wonderful Place*** with your child. (If you don’t already know it, you can find several versions of this simple song on YouTube. Then, pray the prayer below with your child.)



daily prayer

“Dear God, Help us to press on and live the way You desire us to live. Thank You for the prize You have waiting for us through Jesus—living forever with You in heaven! Amen.”

the learning
TLC
continues