

Press on in Confidence

Lesson #09

Philippians 3:1-6, Hebrews 13:6

HOOK: Listen to this pretend story: Jon wasn't sure he wanted to go to his friend Levi's pool party. He only liked playing in the shallow end of the pool—he didn't know how to swim yet—and he was afraid the other kids would make fun of him.

"I don't think I can go to Levi's party," Jon told Mike, his older brother.

Mike nodded and put his arm around Jon. "I know you are afraid of what the kids might say, but you can trust that God is with you. So go to the party with confidence!"

"What does 'confidence' mean?" Jon asked.

"Confidence means that you can be sure that God will help you. You can be sure that He is with you."

"But I *am* worried and I *am* afraid! I don't like people to make fun of me," Jon told his big brother.

"It's true," Mike said, "the kids might say some hurtful things, but, no matter what, you know that God loves you and is with you. So, trust Him with this and go to the party—with confidence!"

BOOK: When we open the Bible, we read in the book of Philippians that the Apostle Paul had confidence—not in himself and what he could do—but in the Lord and what He could do. Why? Because Paul knew that God is powerful and God is faithful.

LOOK: We read this verse about confidence in the book of Hebrews: "**So we say with confidence, 'The Lord is my helper; I will not be afraid. What can mere mortals [*or people*] do to me?'**"

TOOK: Boys and girls, we can have confidence in God because He is powerful! So, this week if you feel afraid at the doctor's office or if you get nervous when Mom drops you off at church, remember God's Word. If you feel nervous about your soccer game or if you're afraid of the dark, remember God's Word! Let's learn our Bible verse so we can remember God's truth today and always.

Bible Verse: "**So we say with confidence, 'The Lord is my helper; I will not be afraid. What can mere mortals do to me?'**" Hebrews 13:6

Prayer: "Lord, no one is more powerful than You! Help us to live in confidence that You are our helper and we never have to be afraid. Thank You! Amen."

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what we
learned

We heard a story about a boy named Jon. He didn't want to go to a pool party because he didn't know how to swim and he was afraid the other kids would make fun of him. We learned how we don't need to be afraid of what people can do to us. We can be confident in the Lord. God is with us and God helps us.

We also learned from the book of Philippians that the Apostle Paul had confidence—not in himself and what he could do—but in the Lord and what He could do. Paul knew that God is powerful and God is faithful.



memory
verse

**“So we say with confidence, ‘The Lord is my helper; I will not be afraid. What can mere mortals do to me?’”
Hebrews 13:6**



parent/child
activity

Today in class we practiced memorizing the verse above. This week, continue to help your child learn this verse...and you will learn it, too! By learning and remembering God's truth, you can be encouraged all the days of your life. You're giving your child a life-long gift when you help him memorize scripture.

Some memorizing tips: Learn one part of the verse at a time, add simple hand motions, say it aloud to one another often!



daily prayer

**“Lord, no one is more powerful than You!
Help us to live in confidence that You are
our helper and we never have to be afraid.
Thank You! Amen.”**

the learning
TLC
continues