
I want to KNOW YOU: the Attributes of God

HELPER

LESSON 13 questions are based on the *New International Version (NIV) 2011 edition*.

1. What truth, verse, or insight was helpful to you as you got to know God better as your **Guide**?

2. Spend a few minutes being still and write down some of the ways you know God is your **Helper**. Afterwards, pray and ask God to show you new facets of how He is your ever-present **help** as you read **Psalm 63**.

3. David wrote this Psalm while he was in the 'Desert of Judah' taking refuge from his enemies, most likely during his son's rebellion (Absalom's attempt to usurp his throne).
 - a) Try to get into David's shoes and think of the ways he would have felt **helpless**.

 - b) In **Psalm 63:1**, what analogy did David use to express his desire for God in his **helpless** state, and why did you think he used it?

4.
 - a) From **V2**, put in your own words what David. How could that have helped him in his present situation?

 - b) In what ways do you see God manifest Himself when you've spent time in the "sanctuary" or with other believers?

5. Read **V3**. David proclaimed "Your love is better than life."
 - a) Can you say this from your heart? Why or why not?

 - b) In order to identify your "other loves" answer the following:
"I would really live (be happy, be satisfied, etc) if only..."

6. a) In **V2-5**, look for and identify the many ways to worship God, even when you feel **helpless**.
- b) Praise and worship are an important part of our prayer life. How does **Romans 8:26** help you when you feel you don't have the "right words" to pray (or the "right heart" to praise Him)?
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7. David managed his sleeplessness in uncertain times by meditating on God (**V6**). How has God been your **Helper** during your sleepless nights?

8. a) Read **V7**. How was David able to transcend his dark despair and sleeplessness?

b) How do these verses give you renewed courage with God as your **Helper** in times of despair?

- **Psalm 18:35**

- **Psalm 118:13**

9. a) For what current situation do you need the confidence David expressed in **V8**?

b) How do the following verses further encourage you:

- **Hebrews 4:16**

 - **Hebrews 13:6**
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10. At the conclusion of the Psalm (**V9-10**), David seemed to identify those who had risen up against him but knew God was in control. Where do you need to trust God to handle those who are coming against you?

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11. What do you appreciate about how David closed out this Psalm in **V11**, given he was still in a place of utter **helplessness**?
12. What a joy getting to know God better as our **Helper**.
- a) Write a truth based on **Psalm 121:1-2**.
- b) How are you seeking to bring others toward the confidence you have in Jesus, your **Helper**?

DIGGING DEEPER

1. God is our ultimate **Helper**. Look for the word, **help**, and summarize what each verse says to you about being a **helper** in your church body and community:

Ecclesiastes 4:9-10

Matthew 9:36-38

Ephesians 4:29

1 Timothy 5:16

Hebrews 6:10

2. What is one thing you can do this week to show others your **Helper's** hands and feet on earth?
3. a) Write out the Suggested Memory Verses: **Psalm 63:7-8**
- b) Form a prayer thanking God for being your **Helper**.

NAME

PRAYER REQUEST