



3.
  - a) In spite of how you feel about the areas you identified in question 2(d), what are “you” reminded of in Ephesians 4:20–21?
  
  - b) What action are you to take, outlined in Ephesians 4:22–24?
  
  - c) Read Matthew 12:43–45. Why must our reaction to learning the truth of Jesus not stop with Ephesians 4:22 but must include Ephesians 4:23–24?
  
  - d) Think back to a time when you felt one way, but chose to act in accordance with a biblical truth instead (in accordance with a greater good, the right thing to do). Briefly describe what happened and the result.
  
  - e) Look back at your answer in question 2(d). Prayerfully consider the specific ways you will move forward. Ask your group to support you in prayer.
  
4.
  - a) Refer to Ephesians 4:25–32. What does putting off the old self, being renewed in our minds and putting on the new self look like? Fill in the chart below:
 

<i>Old Self</i>	<i>New Self</i>
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  - b) From the list above, prayerfully consider which two traits you struggle the most with taking off or putting on. List these and write a prayer to the Lord (remember the prayer in Ephesians 3:14–21).
  
5.
  - a) How are “you” addressed in Ephesians 5:1? To what do you attribute this change? See Ephesians 5:8.

- b) What encouragement and reminder of our true motivation does Ephesians 5:1–2 provide as we move forward in living as new selves?
6. a) In our renewed minds and new selves, what are we warned against in Ephesians 5:3–18?
- b) Write your own definition for:  
 “empty words” (Ephesians 5:6)  
 “fruitless deeds” (Ephesians 5:11)  
 “filled with the Spirit” (Ephesians 5:18)
- c) What are the positive commands in Ephesians 5:1–20? List verses.
- d) What do you think Ephesians 5:15–16 says about the timeliness of our obedience? Why?
- e) With what attitude does God want us to have in communicating with one another and with Him (Ephesians 5:19–20)? Explain.
7. Do a personal inventory of your internal (not seen by others) and external (seen by others) life. How are you doing living as a “child of light”? Where does your life resemble the sleeper needing to be awakened (Ephesians 5:14)? In what parts are you still living in darkness (Ephesians 5:8)?

**Extra credit:**

Memorize Ephesians 4:22–24.

Suggestions for prayer and sharing time:

What decisions do you need to make about your interactions with God, thoughts and interactions with others after studying this week’s Scripture? Look back over questions 3(e) and 4(b). Consider making this your prayer request during prayer and sharing time.